

st kilda

Outdoor deck area
at Captain Baxter



sojourn by the sea

Spend a sunny two days living like a local by the beach in Melbourne's coolest suburb with this tried-and-tested itinerary

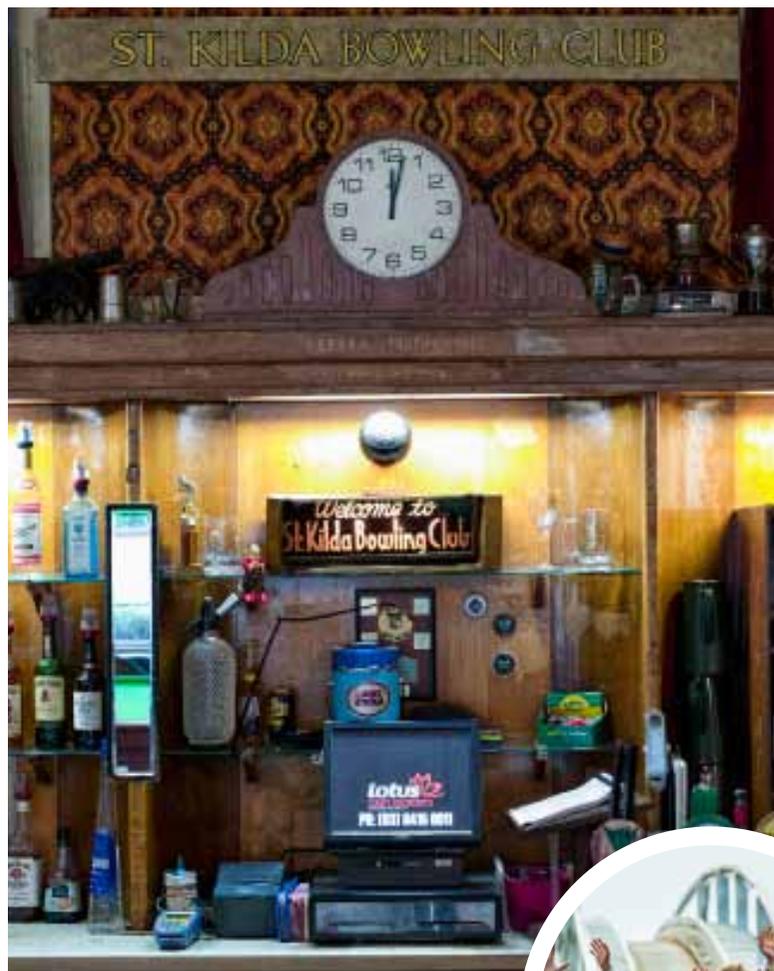
WORDS ELISABETH KNOWLES

DAY ONE: SATURDAY

Breakfast: I'd heard of the cronut - the half-croissant, half-donut deep-fried deliciousness that was born in New York - but I hadn't eaten one until I set foot in chocolate-shop-cum-café Cacao, on Fitzroy Street. Then I ate two in quick succession - one pistachio, one maple. Cronuts may not be a particularly healthy breakfast, but they sure are a good one.

Daytime fun: Backyard cricket has its fans, but barefoot lawn bowls is my favourite social way to blow a day playing sports in the sun. St Kilda Bowling Club is the second-oldest bowls club in Australia, having been established in 1865, and it retains its old-school charm despite receiving a few touch-ups.

The bar serves cheap pots, pints and jugs of beer, but not much in the way of food. Sometimes there's a sausage sizzle on, but the bar only serves packets of chips and nuts, so you might want to grab a bite at any of the cafés and restaurants along this strip if you get hungry.



The club has live music on Saturday afternoons, so I made a mental note to come back in a few weeks.

Dinner: By no means your typical suburban Chinese restaurant, Lau's Family Kitchen is known for its home-style Cantonese cooking and excellent wine list. I tried the yummy speciality, steamed Patagonian toothfish, and the fresh and fleshy salt and pepper squid. A leisurely tour of the excellent wine list revealed a well-curated world of whites and reds.

Drinks: I'd heard that Captain Baxter is the perfect place to end a night in St Kilda, as it's open late seven nights a week. I soon

LEFT TO RIGHT: The bar at St Kilda Bowling Club; Luna Park; Mai St Kilda Tai at Captain Baxter; **INSET:** Thrilling ride for kids

while you're here

ST KILDA TWILIGHT MARKET

This summer-only outdoor art, design, fashion and food market is held in O'Donnell Gardens on 2, 9, 16, 23 & 30 January and 13 & 20 February; stkildatwilightmarket.com



discovered it also has arguably the best cocktail menu in the area, thanks to resident mixologist David van Iersel. Modern takes on classics include the Mai St Kilda Tai (Havana 3, amaretto, lime, blood orange and pandan syrup). My friend and I went with a summertime-friendly pitcher of peach sangria, and sank into curvy bench seats to snack on a dessert of rocky road and house-made marshmallows with a chilli kick. A huge Hamptons-style deck area

looked like it would be a great spot to relax on a summer's day.

DAY TWO: SUNDAY

Breakfast: If you wander up Acland Street to find the café that most takes your fancy, you really can't go wrong. We ended up in 95 Espresso, unsurprisingly at number 95 Acland Street.

Morning fun: Luna Park opened in 1912, complete with the giant walk-through mouth at the

front entrance and the Great Scenic Railway rollercoaster, which skirts the perimeter of the park and gives great views across Port Phillip Bay. While we found the Ghost Train to be a bit of a let-down - it is likely to only scare little kids - the park has plenty of other attractions, including the Coney Island Top Drop, which raises you four storeys high before, well, dropping you back to earth.

Lunch: Directly opposite Luna Park, Phamish Food & Wine Bar



take me there

CACAO

» 52 Fitzroy St, tel: +61 (3) 8598 9555; cacao.com.au

ST KILDA BOWLING CLUB

» 66 Fitzroy St, tel: +61 (3) 9534 5229; stkildabowlingclub.com.au

LAU'S FAMILY KITCHEN

» 4 Acland St, tel: +61 (3) 8598 9880; lauskitchen.com.au

CAPTAIN BAXTER

» St Kilda Sea Baths, 10-18 Jacka Blvd, tel: +61 (3) 8534 8999; captainbaxter.com.au

LUNA PARK

» 18 Lower Esplanade, tel: +61 (3) 9525 5033; lunapark.com.au

PHAMISH FOOD & WINE BAR

» 30 The Esplanade, tel: +61 (3) 9534 3800; phamish.com.au

Bowling Club photo: CHRISTOPHER RIMMER



Pure Pop Records;
INSET: Bakeries on
Acland Street

dishes up modern Australian/Middle Eastern fusion cuisine. We went for a selection of grazing plates, including Middle Eastern lamb cigars with parsley, porcini & pecorino arancini with truffle aioli and grilled halloumi. There are newspapers and games if you're in need of entertainment: we spent a couple of hours playing Connect Four over a glass or two of Pinot Grigio from the Mornington Peninsula, just to keep it local.

Afternoon fun: Back on Acland Street, we stopped to take Instagram photos of the traditional bakery window displays, which are stacked high with goodies. The oldest of these, Monarch Cakes, has been operating here since 1934, and has the original décor and signage to prove it.

Late in the afternoon, we wandered down to Pure Pop Records on Barkly Street. This cosy record store is stacked high with CDs and vinyl records, and has live music most weekends, with acts starting from 5pm on Sundays.

Dinner: So that you don't miss too much of the music at Pure Pop, I'd suggest booking a later table at Sapore (their kitchen closes at



where to stay

NOVOTEL ST KILDA



16 The Esplanade, St Kilda. Tel: +61 (3) 9525 5522; novotelstkilda.com.au

10pm, so book for 8pm as we did). Across from Catani Gardens on Fitzroy Street, Sapore has been in St Kilda for 17 years and is a local institution for its modern take on traditional Italian food, as well as its tendency to showcase local produce with a seasonal menu. The house-made potato gnocchi with braised rabbit and truffle butter is especially lovely. ◀



JETSTAR HAS GREAT LOW FARES TO MELBOURNE. GO TO JETSTAR.COM TO BOOK

セント・キルダの休日

海辺のウィークエンドは楽しみがいっぱい

メルボルン近郊の人気スポットを楽しむには

一日目:土曜日

朝食:クロナツトなるものは何か。それは、ニューヨーク生まれのクロワッサンとドーナツを合わせたものらしい。フィッツロイ・ストリートのカカオで初めての体験。ピスタチオとメープルを美味しくいただいた。健康的ではないかもしれないが、美味しい。

お昼:クリケットもいいけれど、裸足で芝生を楽しむのがやっぱりいい。セントキルダのポーリングクラブの創立は、1865年。国内でも有数の歴史を持つ。平日はプロにも似た雰囲気だが、週末はカジュアルプレーヤーが集う。

夕食:よくありそうな郊外の中華料理店、ラウのファミリーキッチン。広東風の家庭料理が美味しいとお酒が充実していることで知られる。中でもメロとイカは絶品。

ドリンク:セント・キルダの夜を締めくくるのは、キャプテン・バクスター。ちなみに、毎日営業。メニューはもちろん、街一番。

二日目:日曜日

朝食:アクランド・ストリートの95エスプレッソはぜひ、行くべき。

午前中には、1912年に開設されたルナパークは、入口に注目。ローラーコースターも人気のアトラクションで、ポートフィリップベイを一望できる。他にもスリル満点のアトラクションでいっぱいだ。

昼食:ルナパークの向かいにあるファーマッシュワイン&バーはオーストラリア料理のセレクションがおすすめ。とにかく美味しい。

午後の楽しみ:アクランド・ストリートに戻り、昔ながらのベーカリーもある道を散策。このモナーク・ケーキの創業は1934年だそう。ディスプレイも当時の雰囲気そのまま、創業当時の様子をかいま見ることができる。

そして、パークレー・ストリートのピュアポップレコードへ。CDはもちろん、昔のレコードも充実。

夕食:お店を楽しむのに時間を忘れるだろうから、まずはサポーレに予約を入れておこう(ただし、10時にキッチンが開まるので注意。8時ごろに予約しておくといいだろう)。フィッツロイ・ストリートにあるこの店は、この街で17年間も続くイタリアンのお店。地元の食材を使った旬のメニューがいい。